## Introduction

Be Active is fully committed to safeguarding and promoting the well-being of all its members. It believes that it is important that members, coaches, administrators and parents/guardians associated with it should, at all times, show respect and understanding for the safety and welfare of others. Therefore, card holders and parents and guardians are encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of Be Active's operation with the Welfare Officer; Tom Ulicsak.

The following Code of Conducts are in addition to the Be Active Booking Policy.

## **Code of Conduct: Parents and Guardians**

On signing up your child with Be Active you are expected to abide by the following code of practice:

- Encourage your child to learn the rules of tennis and play within them.
- Discourage unfair play and arguing with officials.
- Help your child to recognise good performance, not just results.
- Never force your child to take part in sport.
- Set a good example by recognising fair play and applauding the good performances of all.
- Never punish or belittle a child for losing or making mistakes.
- Publicly accept judgements made by officials.
- Support your child's involvement and help the to enjoy their sport.
- Support the creation of a positive learning environment for all, and not to damage this by repeated disparaging of the players, programme, coaches or venue.
- Use correct and proper language at all times.
- Encourage and guide performers to accept responsibility for their own performance and behaviour.
- Allow your child to play in the class that is appropriate to them. This will ensure they enjoy playing the game, develop their skills and gain confidence.
- Purchase or use balls and rackets that match the stage your child is in.
- Be patient. Steady progression is unusual in children; peaks and plateaus are common.
- Your first question following any match should be: "Did you enjoy it?" not "Did you win?"
- At no stage should you communicate with your child or interfere with the on-court helpers and referees during a match just enjoy the game and let officials take care of the rules!
- Arrive promptly and be ready to collect your child at the end of the session.
- Before each session please make sure your child:

• Has visited the toilet.

Is wearing training shoes (NB sandals are not suitable footwear).

Is wearing clothes suitable for physical activity and the weather conditions. Has water to drink.

Has protection from the sun when applicable (E.g. hat, sun cream)

Parents/carers of children aged younger than 5

Must not leave the site where the lesson is taking place.

May remain courtside on the recommendation of the coach taking the session.

## **Junior Code of Conduct**

As a cardholder with Be Active, you are expected to abide by the following junior code of practice:

- 1. All members must play within the rules and respect officials and their decisions.
- 2. All members must respect the rights, dignity and worth of all participants regardless of age, gender, ability, race, cultural background, religious beliefs or sexual identity.
- 3. Members should keep to agreed timings for training and competitions or inform their coach or team manager if they are going to be late.
- 4. Members must wear suitable kit trainers, tracksuit, t-shirt and layers for cold weather for training and match sessions, as agreed with the coach/team manager.
- 5. Members must pay any fees for training or events promptly.
- 6. Junior members are not allowed to smoke on club premises or whilst representing Be Active at competitions.
- 7. Junior members are not allowed to consume alcohol or drugs of any kind on Be Active premises or whilst representing it.

## **Code of Conduct for Adult Card Holders**

• All members must take responsibility in ensuring they are up to date with the rules, understand and adhere to them.

• All members must respect the rights, dignity and worth of all participants regardless of age, gender, ability, race, cultural background, religious beliefs or sexual identity.

• Members should recognise the valuable contribution made by coaches and officials who are often volunteers. They give their time and resources to provide tennis for you.

- All members must respect officials and publicly accept their decisions.
- All members should be a positive role model, treat other players and officials with the same level of respect you would expect to be shown to you.
- Use correct and proper language at all times.

• Members are not allowed to smoke, consume alcohol or drugs on club premises or whilst representing the club.

• Members should keep to agreed timings for training and competitions or inform their coach or team manager if they are going to be late.

• Members must wear suitable kit for training and match sessions, as agreed with the coach/team manager.

- Members must pay any fees for training or events promptly.
- Bullying of any sort will not be tolerated.

• Encourage everyone to enjoy sport and understand that people have different motivations for taking part.